



# FITNESS CENTER

SPONSORED BY A GRANT FROM  
**MECKLENBURG COUNTY PUBLIC HEALTH**  
*OFFICE OF POLICY & PREVENTION*



Operating **Monday and Wednesday** - Coach Alvin Simpson **5:00 PM – 6:30PM**  
Operating **Tuesday and Thursday** with Systema Martial Artist Roy Hatcher **11:30am – 12:15pm**  
**980/202-9149 OR 980/216-8809vm**

**SATURDAY MORNING BY APPOINTMENT**